

# Oxford Mindfulness Annual Gathering August 2025

## Location

### Crowne Plaza Marlow

Fieldhouse Lane, Marlow, SL7 1GJ, United Kingdom

To get a discounted rate to stay at this hotel during the Oxford Mindfulness gathering please quote A3X when making the reservation.

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## Travelling from Heathrow Airport

The average journey time from Heathrow Airport to Marlow by train is 1 hour 19 minutes, although on the fastest services it can take just 1 hour 1 minute. You'll usually find 35 trains per day travelling the 15 miles (24 km) between these two destinations. You'll need to make 2 changes along the way to Marlow. Trains on this route are usually operated by either Great Western Railway or Heathrow Express.

- Take a train from London Heathrow Airport (LHR) to Marlow via Hayes & Harlington and Maidenhead. The journey takes around 1h 55m.
- Take a bus (Line 102 or Line 850) from London Heathrow Airport (LHR) to Marlow via Uxbridge, York Road and High Wycombe, Bus Station. The journey takes around 2h 23m.
- Taxi and Airport Taxi is around 25 minutes.
- Drive is 23.2 miles and approximately 30 minutes.

London Heathrow (LHR): Terminal 5 roundabout 1st exit onto M25 continue onto junction 15 turn left at junction 16 join M40 Leave M40 at junction 4 then at Handy Cross roundabout take 1st exit onto A404 turn left and at roundabout take 3rd exit then 2nd exit onto A4155 left onto Newtown Road onto Fieldhouse Lane.

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## Travelling from Gatwick Airport

It usually takes around 2 hours 32 minutes to travel the 39 miles (62 km) from Gatwick Airport to Marlow by train, although you can get there in as little as 1 hour 59 minutes on the fastest services. You'll normally find around 19 trains per day running on this route. You'll need to make 2 changes along the way as there aren't any direct services on this line. You're likely to be travelling with Great Western Railway, Thameslink or Southern to Marlow. As the main train operators on this route.

- Take a train from London Gatwick (LGW) to Marlow the journey takes around 3 hours.
- Take a bus (Line 850) approximately 3 hours.
- Taxi and Airport Taxi is approximately 1 hour.
- Drive is 59.4 miles and is approximately 1 hour.

London Gatwick (LGW): From M40 motorway take junction 4 to High Wycombe follow signs for A404 Continue Marlow Bourne End and take 3rd exit at roundabout for Marlow turn left at mini roundabout Follow Parkway until junction then turn left into Fieldhouse Lane then follow signs for hotel.

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## Travelling from London Stansted Airport

The train from Stansted Airport to Marlow usually takes 3 hours 17 minutes on average to travel 49 miles (79 km), although the quickest services can take as little as 2 hours 21 minutes. You can expect to find 28 trains per day running on this route. You'll need to make 2 changes during the journey to Marlow, as there currently aren't any direct services on this route. Hop on a train operated by either Great Western Railway or Greater Anglia to reach your destination in no time. These train companies are the main operators of services on this route.

- Take a train from London Stansted (STN) to Marlow the journey takes 3 hours 25 minutes.
- Take a bus (Line 102) approximately 5 hours.
- Airport shuttle and taxis are approximately 1 hour 15 minutes.
- Drive is 70.7 miles and is approximately 1 hour 15 minutes.
- From Reading train station, you can catch the fast train to Maidenhead and then the direct line to Marlow.
- From Maidenhead station you will have the direct line to Marlow.

From Marlow train station you will reach the hotel within a walking through the Globeside Business Park.

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## Bus from High Wycombe

From High Wycombe you can reach the hotel on Bus number 850.

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## Shuttle Service from the hotel into Marlow

Please ask at the hotel about the Zeelo shuttle service.

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## Travelling by car from UK

From M40: Exit at junction 4 (High Wycombe), follow the A404 signs to Marlow. Take the exit to Marlow/Bourne End (A4155) and follow directions to the hotel.

From the M4: Exit at junction 8/9 (Maidenhead), follow the A404 signs to Marlow. Take the exit to Marlow/Bourne End (A4155) and follow directions to the hotel.

From the A329/A4: Follow the signs to Marlow and Maidenhead and at the mini-roundabout take exit to Burchetts Green Road and continue to A404 to towards Marlow.

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## Taxi when in Marlow

If you are in need of taxis when at Marlow, the hotel recommends Charlie's Executive Cars, who are based at the hotel. Contact details are +44 1628 488 777 and email [charliescar@hotmail.co.uk](mailto:charliescar@hotmail.co.uk) with emails preferred for bookings where future dated.

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## Restaurants in Marlow

Places to eat and things to do and other information about Marlow can be found [here](#)

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## Parking at the Crowne Plaza Marlow

There are over 300 free secure car parking spaces are available at the hotel during our gathering.

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## Other hotels / accomodation

Can be found on [booking.com](https://www.booking.com)

[Travelodge Marlow](#) is located about 5 mins walk from the Crowne Plaza.